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WINTER STAR PROGRAMS BROCHURE 2009-2010

Winter School: September 14, 2009 - April 8, 2010

APPLICATION DEADLINE: September 1, 2009

Skater Criteria Policy: To better utilize the ice in a safe and productive environment, criteria has been developed so skaters who are on the ice at any given time will be at the same approximate level of skill. The benefits include: i) Skating ability will not hinder or endanger other skaters in the main weekly sessions. ii) Skaters' may advance at their own rate of progress

Skaters working on the following tests will skate in the appropriate programs for that discipline:

Pre Junior : CanSkate Stages 5 and 6 (Completed Canskate Stage 4)

Skills: Jr. Skills: Preliminary & Jr. Bronze Sr. Skills: Sr. Bronze - Gold

Dance: Jr. Dance: Preliminary & Jr. Bronze Sr. Dance: Sr. Bronze - Diamond

Freeskate: Jr. Freeskate: Preliminary Sr. Freeskate: Jr. Bronze - Gold Freeskate

All Stroking and Technique sessions criteria will be based on Freeskate level. For exceptions to the above policy, please speak to your coach.

Prioritizing Policy for Program Applications - Junior & Senior STAR Programs: The Board of Directors approved a policy defining how applications for Fergus Skating Club (FSC) programs are to be prioritized. Please be aware of this policy when applying for Winter 2009-2010 programs. Please see an outline of this policy below.

1. The completed application is received before deadline
2. Skater is applying for a full program (three days per week or more).
3. FSC home club members.
4. Skated in a FSC program in the previous summer/fall or winter seasons.
5. Successfully passed the Test criteria for the program
6. Date and time the application is received.



Financial Information

- * Fees must be paid before the start of the program. Skaters with outstanding program fees or test fees will not be allowed on the ice, or allowed to try tests.
- * No refunds will be given after 6 weeks into the program - please speak to a FSC Board member for medical exceptions.
- * Program changes/deletions occurring after the printing of this brochure will be posted on the FSC bulletin board.
- * All fees are in Canadian funds. Please make cheques payable to the Fergus Skating Club. Cheques must include your telephone number and be submitted with the application form.
- * Deposits will be cashed upon receipt and/or postdate on cheque. NSF cheques will be charged a \$25.00 administrative fee.
- * The Skate Canada fee of \$31.00 is due once a year (September 1, 2009 - August 31, 2010). FSC members must submit the fee with this application form, unless paid with Fall Program registration.
- * The FSC is run by volunteers who organize and manage the daily programs and events. To encourage parents to volunteer, and decrease program fees, we are once again collecting a volunteer fee that can be "worked off" by volunteering your time to the club. This means that your skating fees do not include the cost of running the music room, test days, club competition and other fun events that are mostly run by volunteers. A log book is kept in the music room and it is your responsibility track all time volunteered. After 10 hours @ \$20.00/hr of volunteering has been "worked off" your \$200.00 volunteer cheque will be destroyed. For more information please contact our volunteer co-ordinator.
- * Guest Skating Fee for all STAR programs is as per Guest Skating policy posted on our web site.

Fergus Skating Club Executive

President	Sherri Vincent	787-2992	Vice President	Lynne Gush	787-9920
Past President	Monique ten Kortenaar	823-7785	Treasurer	Rose Buchanan	787-1202
Registrar	Annette Duncan	821-5562	Test Chair	Karen McKenzie	843-2738
Secretary	Pam Starratt	843-5895	PA Coordinator	Vacant	
Competition Chair	Vacant		Volunteer Coordinator	Vacant	
Showtime Chair	Kevin Croughan	787-1366	Newsletter	Cathy Rooyackers	928-9603
Jr, STAR Liaison	Vacant		Publicity	Sherri Vincent	787-
2992Hospitality	Joyce Roth	846-8215	Canskate Coordinator	Vacant	
Webmaster	Steve Crawford	787-0483			

Pro Coaches

Paul Adams	887-8542
Sue Hosking	787-2005
Patty Lambertus	941-8632
Karissa Featherston	846-6647
Josh Belletti	843-2851
Bronte Vincent	787-2992

FSC Website: www.fergusskatingclub.com

Mailing Address: Fergus Skating Club * P.O. Box 305 * Fergus, Ontario * N1M 3E2

Club Location: Centre Wellington Community Sportsplex * 550 Belsyde Ave., * Fergus, Ontario * N1M 3J7 * Ph.: 519-843-2*800

Mission Statement: To promote self-esteem and growth through skating and to provide an environment of encouragement and fun for skaters and their parents.

JUNIOR STAR PROGRAM - GROUP LESSONS

Program Requirements: Skaters who have passed the Skate Canada CanSkate badge 6 and wish to work on the fundamentals of Preliminary STAR Tests in a group lesson format. It is recommended that skaters take Jr Group lessons in conjunction with the Techniques and Agility program-also offered as a package on Monday

- The Jr Group program is designed as a transition from Canskate to STARskate, and recommended for only one year before hiring a private coach and signing up for the Jr STAR program. If the skater plans on trying Skate Canada tests, they must have a private coach
- There is time during the lesson to allow the skater to either work independently on newly acquired skills or receive private coaching from a skater-selected Pro Coach of their choice.

Days Offered	Time	Program Components	Program Fee
Saturday Rink B	10:15 pm - 11:05 pm	Dance x 10 min Skills x 10 min. Freeskate x 20 min. Stroking x 10 min.	Base Fee \$ 205.00 Saturday - add \$110.00
Monday Rink A	5:15 pm - 6:00 pm	Techniques & Agility (45 minute group lesson)	Monday - add \$ 100.00

JUNIOR STAR PROGRAM - NO GROUP LESSONS

Program Requirements: Skaters who have passed the Skate Canada Can Skate badge 6 and wish to work on Preliminary and Junior Bronze STAR Tests in a private lesson format - **SEE SCHEDULE**

- Junior STAR program is the beginning of the Skate Canada Format test work on Preliminary Freeskate and Jr. Bronze skating skills and dance.
- Test work is taught by private lessons (fees extra), which must be booked with a Pro Coach of your choice.
- For information on our Pro Coaches, please refer to the Pro Coaches Brochure available at the FSC

Days Offered	Time	Program Components	Program Fee
Monday Rink A	4:00 pm -5:15 pm	Freeskate x 30 min., Dance x 15 min., skills x 15 min., Stroking x 15 min,	Base fee of \$205.00
Monday Rink A	5:15 pm - 6:00 pm	Techniques & Agility (45 minute group lesson)	Monday - add \$ 135.00 Monday T&A - add \$ 100.00
Wednesday Rink B	4:00 pm - 6:00 pm	Spins x 10 min., Freeskate x 45 min., Dance x 20 min., Skills x 20 min., Stroking x 15 min.	Wednesday - add \$ 185.00
Friday Rink B	6:45 pm - 8:20 pm	Dance x 20 min., Skills x 20 min., Freeskate x 30 min., Stroking x 15 min.	Friday - add \$ 145.00
Saturday Rink B	10:15 am - 11:05 am	General Session	Saturday - add \$90.00

SENIOR STAR PROGRAM - NO GROUP LESSONS

Program Requirements: Skaters who have passed their Skate Canada Preliminary STAR Test in Freeskate and Junior Bronze STAR Test in Dance and Skills and wish to continue STAR Tests in a private lesson format - **SEE SCHEDULE**

- Test work is taught by private lessons (fees extra), which must be booked with a Pro Coach of your choice. (Refer to coaches brochure for info)

Days Offered	Time	Program Components	Program Fee
Monday Rink A	6:10 pm - 7:50 pm	Skills x 20 min., Dance x 20 min., Freeskate x 50 min., Stroking x 15 min.	Base fee of \$ 205.00
Monday Rink A	5:15 pm - 6:00 pm	Techniques & Agility (45 minute group lesson)	Monday - add \$ 200.00 Monday (T&A) - add \$100.00
Wednesday Rink B	6:45 pm - 8:50 pm	Dance x 25 min., Stroking x 15 min., Freeskate x 50 min., Skills x 25 min.	Wednesday - add \$ 200.00
Friday Rink B	4:30 pm - 6:00 pm	Freeskate x 80min., Stroking x 15 min., Dance x 20 min., Skills x 20 min., Spins x 5 min.	Friday - add \$ 135.00
Saturday Rink B	10:15 am - 11:05 am	General Session	Saturday - add \$ 90.00

Competitions, Events & Important Dates:

Shinny Ice every Mon:	12:00-1:00 pm - starts Mon Oct 1st- pay the Rec office - arrange with your Pro Coach
Jr STAR Orientation Session	Oct 9, 2009 - 7:00-8:00 pm
Skates Alive:	Dec 11-13, 2009 - Grand Valley
Xmas Family Skate	December 23, 2009 - 6:00 pm to 7:00pm
PA Training - Mandatory	September 12, 2009 - 10:00am to noon
PA Retraining - mandatory	Jan 2, 2010 - 11:15 - 11:45 pm - all off ice -
Jr STAR Orientation Session	TBA
STARskate Club Competition	
Fun competition	February 8, 2010 Time TBA
Showtime on Ice	March 28, 2010 - 3:00-6:00 pm - Fergus
STARskate Awards Banquet	April 25, 2010 - 6:00-8:00 pm - Fergus Arena
FSC Annual Meeting	May 26, 2010 - 7:30-9:30 pm - Fergus

Test Days

Wed Nov 18	6:45 pm - 8:50 pm	Low in Fergus
Thur Nov 26	10:00 am - 4:00 pm	High in Fergus
Wed Jan 20	6:45 pm - 8:50 pm	Low in Fergus
Fri Jan 29	4:00 pm - 8:00 pm	High in Elora
Wed March 3	6:45 pm - 8:50 pm	Low in Fergus
Fri Mar 5	10:00 am - 4:00 pm	High in Fergus
Thur April 8	10:00 am - 4:00 pm	All Levels

Ice Cancellations:

Mon Oct 12- Thanksgiving	Sat Nov 21- Ringette Tournament
Dec 3-6 - Hockey Tournament	
Sat Dec 12 - Skates Alive	
Dec 24 -Jan. 1 inclusive - Christmas and New Year's Closure	
March 21 -CW Tyke Tournament	
March 27-29 - Elora/Fergus Ringette Regional Tournament	

2009 - 2010 STARskate PROGRAMS REGISTRATION FORM

(1 skater per form)

Complete carefully and mail to FSC - keep attached brochure as a reference

Last Name:	First Name (skater):	Sex: M F
Address:		
City:	Postal Code:	Birth Date (mm/dd/yyyy):
Telephone #:	Email Address:	
Cellphone #:	Parent/Guardian's Name (Please Print):	
Skate Canada #:	Home Club: (where 2009-2010 Skate Canada fee is paid)	
Skater's Private Pro Coach (if applicable):	Highest Test Passed: Freeskate: _____ Dance: _____ Skills: _____	
Medical concerns & specialized treatment (if any):		
Food Allergies:		

	PROGRAM	AMOUNT	TOTAL
	Junior STAR GROUP (new skaters to JR STAR)		
1	Mandatory Program Base Fee	\$205.00	
2	Saturday – 10:15-11:05 am	\$110.00	
	Junior STAR		
3	Mandatory Program Base Fee	\$205.00	
4	Monday– 4:00-5:15 pm	\$ 135.00	
5	Wednesday – 4:00-5:50 pm	\$185.00	
6	Friday – 6:45-8:20 pm	\$145.00	
7	Saturday – 10:15-11:05 am	\$ 90.00	
	Senior STAR		
8	Mandatory Program Base Fee	\$205.00	
9	Monday – 6:10- 7:50 pm	\$200.00	
10	Wednesday – 6:45-8:20 pm	\$200.00	
11	Friday – 4:30-6:00 pm	\$135.00	
12	Saturday – 10:15-11:05 am	\$ 90.00	
	Techniques & Agility (Junior & Senior STAR)		
13	Mandatory Program Base Fee	\$205.00	
14	Monday – 5:15- 6:00 pm	\$100.00	
15	Late Registration Fee (\$10.00) <small>For any skater submitting form after Sept 19, 2009</small>		
16	PROGRAM SUBTOTAL (lines 1 to 14)		
17	Mandatory SKATE CANADA fee <small>for 2009-2010 skating year (Sep 1, 2009 – Aug 31, 2010)</small>		\$ 31.00
	TOTAL FEES DUE		
	50% of line 15 + line 16	Dated Sep. 12, 2009	
	50% of line 15	Dated Nov. 15, 2009	
	VOLUNTEER FEE - MUST ACCOMPANY THIS FORM. \$200.00 equals 10 hrs @ \$20.00/hr. <small>Cheque will be destroyed March 30/10 if volunteer hours completed)</small>	separate cheque dated March 30, 2010	\$ 200.00

Registration Deadline - Tuesday September 1st, 2009. Skaters will not be allowed on the ice until registration and fees are received.

Cheques payable to:
Fergus Skating Club,
P.O. Box 305,
Fergus, ON N1M 3E2

FULL PAYMENT MUST ACCOMPANY REGISTRATION

- NSF CHEQUE FEE IS \$25.00
- Please ensure you have included your Program Base Fee and your Skate Canada Fee.
- Please include post-dated cheques
- \$200.00 Volunteer cheque must accompany registration

SKATE CANADA MEMBERSHIP FEE

Skate Canada Membership Fees are paid annually and are due on Sept 1st. For insurance, liability, and program development reasons all skaters participating in any Skate Canada program MUST be a current Skate Canada member before participating in any Fergus SC skating program.

***please sign and date both waivers on other side ***

WAIVERS (Please read carefully and sign)

RELEASE FORM – MUST BE SIGNED BY PARENT OR LEGAL GUARDIAN IF UNDER 18

Members and parent or legal guardian of members hereby agree to indemnify and hold harmless the Fergus Skating Club (FSC), its directors, officers and their heirs, professional coaches and instructor members from any and all claims for damages, for injuries costs, suits or proceedings, loss of property or otherwise sustained sanctioned or provided by the Fergus Skating Club.

The skater understands that he/she is responsible for ensuring his/her personal safety on the skating sessions. The skater will not enter onto the ice surface without first identifying a Club professional Coach or Board Member is in attendance at the ice area.

The undersigned is assured under the Personal Information Protection and Electronic Documents Act (PIPEDA) that the FSC will keep information collected regarding the enrolment and payment for you or your family members private and confidential, and uses information only for its intended purposes of program lists distributed amongst the executive and coaches, pictures of skaters posted on the FSC webpage, bulletin boards, display cases and accomplishments published in the newsletter and local newspaper. All information will be stored in a secure manner in accordance with PIPEDA.

Signature of Parent/Guardian _____ Date _____

EMERGENCY MEDICAL ATTENTION CONSENT

As a parent and/or legal guardian I do herewith authorize the treatment, by a qualified and licensed health practitioner, of any child named in registration form in the event of a medical emergency, which includes leaving the arena premises for treatment if needed. This authority is granted only after a reasonable effort has been made to reach a parent and/or legal guardian. My signature also indicates my willingness to take full medical insurance responsibilities for the child and release Fergus Skating Club from any liability due to any injury sustained while involved in club activities.

Signature of Parent/Guardian _____ Date _____

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For office use only

Date Received: _____ Cash Cheque

Amount Received: _____ Name of Bank: _____

Skate Canada amount \$ _____

Cheque: # _____ Dated: _____ Amount \$ _____

Cheque: # _____ Dated: _____ Amount \$ _____

Volunteer Cheque #: _____ Dated: _____ Amount \$ _____

Tax Receipt Issued: _____